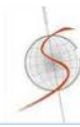


ICMART LEXICON of Medical Acupuncture

ICMART

International
Council of
Medical
Acupuncture and
Related
Techniques





BELGIUM



BELGIUM

NATIONAL/REGIONAL PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. Traditional Medical Acupuncture
 - Based on the Traditional Chinese Medicine with the meridians and classical points as a beginning and the Zang Fu theory as a guideline for treatment. Modern western aspects as neurophysiology and trigger points complete our course.
2. Auriculotherapy
 - Based on Nogier but now a day also on the modern view of David Alimi in France who makes the correlation between auriculo and neuro-anatomy.
3. Scalp Acupuncture
 - Scalp Acupuncture based on Chinese and Japanese (mainly Yamamoto New Scalp Acupuncture) theory
4. Electroacupuncture and laser
 - Electroacupuncture on basis of the Traditional Chinese Medicine

B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
3 years	100x3	24	Each year	M.D.



CORE CURRICULUM

Instructors are MD's with qualified acupuncture training and experience

The assessment procedures with the theoretical courses involves patient presentations. Every year there is an examination that is obligatory to follow the next year.

ACUPUNCTURE COURSE of the Belgian Medical Acupuncture Association.

First Year

SCHEDULE:

First session:	9.30 - 11.00
Second session:	11.15 - 12.45
Third session:	14.00 - 15.30
Fourth session:	16.00 - 17.30

First WE :

Saturday : First session :

Welcome, general introduction in acupuncture and history of Chinese Medicine

Development of the course

Literature list

Second session and third session :

Generalities about YIN-YANG, Five Elements, Fundamental Substances, Zang FU etc.

Elemental notions about TCM pathology:

disturbance of YinYang/Xue-Qi, Zang Fu,

Pathogen Factors,

General knowledge about Acupuncture points, Meridians,

Indications for acupuncture

Fourth session :

Modern scientific data concerning acupuncture, current state of research

Sunday : First session :

Study of the LUNG Meridian (Positioning in TCM, meridian path of principal meridian and secondary vessels, anatomy, physiology interims



- of TCM, elemental pathology and indications,...)**
- Second session :
- LARGE INTESTINE-Meridian: idem**
- Second WE :
- Saturday: First , second and third session :
- STOMACH and SPLEEN-meridians : theory and practice**
- Fourth session:
- Generalities about ethiopathogandese of illnesses and practical exercises in localization of already known points**
- Sunday: First and second session:
- TRIPLE HEATER and PERICARDIUM-meridians : theory and practice including the physiology of SAN JIAO**
- Third WE :
- Saturday: First, second, third and fourth session:
- LIVER and GALBLADDER-meridian: theory and practice**
- Sunday: First session:
- General notions about diagnostic (the four phases of examination)**
- Second session:
- Modern scientific data and neurophysiology (continuation)**
- Fourth WE :
- Saturday: First, second, third and fourth session :
- KIDNEY and BLADDER-meridian : theory and practice**
- Sunday: First and second session:
- HEART and SMALL INTESTINE-meridian : theory and practice**
- Fifth WE :
- Saturday: First and second session:
- General knowledge about Extraordinary Vessels; RAND MAI and DU MAI**
- Third and fourth session:
- Acupuncture instrumentarium (needles, moxa, cupping, ...)**
Practice
- Sunday: First and second session:
- Extra-meridian points**
Ma-Dan-Yang-points
- Sixth WE :
- Saturday: First session and second session:
- Overview of the most main acupuncture points**



(slides of Chand Kai-Yan)

Third session:

Introduction in Chinese scalp acupuncture

Fourth session:

Practice

Sunday: First and second session:

The ACUPUNCTURE SESSION

Simple acupuncture recipes to spur on the pupils to start using acupuncture in their own practice

Seventh WE:

Saturday: Four sessions:

Repetition and eventually addition of theoretically and practically data like meridian pathology and secondary vessels

Occasion to ask questions about the exams

Treatment of patients with simple problems

Sunday: First and second session:

Repetition

Eighth WE :

Saturday: Four sessions:

Auriculotherapy – first degree

Second year

First WE:

Saturday: First, second, third and fourth session:

Introduction to the patho-physiology of Zang Fu in TCM

Sunday: First and second session

TONGUE-diagnosis

Second WE:

Saturday: First and second session:

Dialectic diagnosis: The EIGHT PRICIPLES (BA GANG). The FOUR PHASES of the clinical examination, except the Tongue and the Pulse

Third and fourth session:

Pathology of ZANG FU: HEART and LIVER

Sunday: First session:

Ethiopathology or Causes of the diseases in T.C.M.

Second session:

Pathology of the ZANG FU : KIDNEY

Third WE:

Saturday: First and second session :

Ritmology and chrono-acupuncture (brief overview)



Patho-physiology of mental illnesses.

Third and fourth session:

Pain treatment through AH-SHI or TRIGGER points

Sunday: First and second session:

Continuation of AH-SHI points with practice

Fourth WE:

Saturday: First and second session:

**Pathology of ZANG FU: SPLEEN
Pathology of ZANG FU: STOMACH**

Third and fourth session :

Continuation and clinic of SPLEEN and STOMACH

Sunday: First and second session:

**Pathology of ZANG FU: LUNG
Clinic and practice of LUNG**

Fifth WE:

Saturday: First and second session:

Peripheral and External pathology (Introduction and symptomatic treatments)

Third and fourth session:

Introduction to the Physiopathology of the concepts WIND (FANDG), COLT (HAN), DAMP (SHI) and PHLEGM (TAN)

Sunday: First and second session:

PULSE-diagnosis

Sixth WE:

Saturday: First and second session:

BI – SYNDROMES (theory and practice)

Third and fourth session:

Electro-acupuncture and laser, theory and practice

Sunday: First and second session :

Practice of Tongue and Pulse

Seventh WE:

Saturday: First, second, third and fourth session:

Treatment of BACKPAIN by Traditional Acupuncture

Treatment of HEADACHE by Traditional Acupuncture

Clinic and practice

Repetition

Sunday: First and second session:

Electro-acupuncture (continuation) with clinic and practice



Third Year

First WE :

Saturday: First session:

Cardiovascular pathology

Second session:

Clinic of Cardiovascular pathology

Third and fourth session:

Pathology of Phlegm

DIGESTIVE PATHOLOGY (part1) (diarrhea, constipation, abdominal pain, nausea, vomiting,...)

Sunday: First session:

DIGESTIVE PATHOLOGY (part 2)

Second session:

Clinic of digestive pathology

Second WE :

Saturday: First and second session:

Feeding and dietetics in TCM (feeding and the Five Phases, feeding and YIN/YANG, ...)

Third and fourth session :

Acupuncture in PEDIATRICS (needling children, pediatric pathology,)

Sunday : First and second session:

LUNG PATHOLOGY and ASTHMA

Third WE :

Saturday: First session:

The SIX LEVELS and the penetration of Pathologic Factors according to the SHANG HAN LUN.

Second session:

Psychic diseases

Third and fourth session:

Clinic

Sunday: First and second session:

COMBINED SYNDROMES

Fourth WE :

Saturday: First and second session:

Penetration of the Pathologic Factors according to the WAND BING (Four layers)

Clinic

Third and fourth session:

PAIN CLINIC : difficult pain syndromes (phantom pain, post zoster pain, trigeminal neuralgia,)

Sunday: First and second session:



ANDT pathology : theory and practice (rhinitis, hayfever, hoarseness, Meunière,...)

Fifth WE :

Saturday: First and second session:

Gynecological pathology (menstrual problems, premenstrual syndrome, menopausal syndrome, etc..)

Clinic

Third and fourth session:

Acupuncture during pregnancy and partum

Sunday: First and second session:

EXTRAORDINARY VESSELS (repetition and pathology)

Clinic

Sixth WE :

Saturday: First and second session:

PATHOLOGY of the BLOOD (hypertension, CVA,..) clinic

Clinic

Third session:

Ophthalmology (conjunctivitis, iritis, blurred vision, glaucoma, ...)

Clinic

Fourth session:

Dermatology (urticaria, eczema, psoriasis, zona, .)

Clinic

Sunday : First and second session:

LIN-SYNDROMES (urinary pathology: cystitis, prostatitis...)

Enuresis, impotency, infertility, etc...)

Seventh WE :

Saturday: Four sessions:

Clinic

Repetition of asked subjects (for back pain, headache...)

Discussion and examinations

Eighth WE:

Saturday: First, second, third and fourth session:

Auriculotherapy – second degree



Copyright 2013 © ICMART

International Congress of Medical Acupuncture and Related Technologies (ICMART)

All rights reserved. No part of this book may be reproduced or utilized in any form, by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without permission, in writing, from the International Congress of Medical Acupuncture and Related Technologies (ICMART).

Designed and Compiled by Marshall H. Sager, D.O., D.A.B.M.A, F.A.A.M.A.

With thanks to the contributors:

Mehmet Abut, Steven Aung, Francois Beyens, Chin Chan, Mike Cummings, Isabel Giralt, Gabriella Hegyi, Emil Iliev, Helmut Liertzer, Walburg Maric-Oehler, Nikolaj Nikolajev, Chun Lee Oei Tan, Helena Pinto-Ferreira, Krunoslav Reljanović, Marshall Sager, Tatjana Solomonidou, S. Sukarto, Khatuna Urushadze, Dimitrios Vasilakos and others.