



# ICMART LEXICON of Medical Acupuncture

ICMART

International  
Council of  
Medical  
Acupuncture and  
Related  
Techniques





# CROATIA



## CROATIA

### NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

#### A. Type(s) of Medical Acupuncture most commonly practiced:

##### 1. TCM

- TCM is an ancient system of health care from China. TCM is based on a concept of balanced Qi that is believed to flow throughout the body. The main purpose of Qi is to regulate a persons emotional, mental and physical balanced and to be influenced by the opposing forces of Yin and Yang. Disease is proposed to result from the flow of Qi being disrupted and Yin and Yang becoming imbalanced. Components of TCM are acupuncture, massage, physical exercises herbal and nutritional therapy.

##### 2. AURICULAR ACUPUNCTURE THERAPY

- Auriculotherapy, ear acupuncture applies the principles of acupuncture to specific points on the ear. Healing processes can be promoted by working with these points on the ear because the ear contains many blood vessels and nerve endings, that when stimulated, influence the organs and bodily functions. In modern times auriculotherapy has been advanced by Dr Paul Nogier of France. Dr Nogier believed that the ear is shaped like an upside down human fetus. The acupuncture points on the ear correspond to the body parts of the fetus shape. Stimulating these points on the ear the corresponding organs and bodily processes would be stimulated by nerve impulses.



## B. Education/Training Requirements

<b>Medical Acupuncture Modality</b>	<b>Theoretical Hours</b>	<b>Clinical Hours</b>	<b>Proficiency Testing</b>	<b>Preliminary Practice</b>
<b>TCM</b>	250	100	Y	N
<b>Auricular</b>	32	32	N	N

## CORE CURRICULUM

### TCM ACUPUNCTURE

### AURICULAR ACUPUNCTURE

The educational program includes Chinese classic texts like Nei Jing, and Nan Jing and modern scientific studies on the mechanism and action of acupuncture and Auriculoacupuncture.

The process of training starts with the basic theories of Chinese medicine: Yin and Yang theory, Five Phases theory, theory of Zang Fu organs, theory of Qi, Blood and Body Fluid, theory of channels and collaterals, There is a stepwise education in traditional Chinese medical physiology, pathology and pathogenesis then in diagnosis, syndrome analysis, and treatment principles. Therapeutic techniques include acupuncture, moxibustion, cupping therapy, electro-acupuncture, and auricular therapy. The process of training then progresses to a series of courses on clinical acupuncture and auriculoacupuncture practice. These include the common illnesses of internal medicine, dermatology, ENT, obstetrics and gynecology, ophthalmology, neurology, psychiatry.



Copyright 2013 © ICMART

International Congress of Medical Acupuncture and Related Technologies (ICMART)

All rights reserved. No part of this book may be reproduced or utilized in any form, by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without permission, in writing, from the International Congress of Medical Acupuncture and Related Technologies (ICMART).

Designed and Compiled by Marshall H. Sager, D.O., D.A.B.M.A, F.A.A.M.A.

With thanks to the contributors:

Mehmet Abut, Steven Aung, Francois Beyens, Chin Chan, Mike Cummings, Isabel Giralt, Gabriella Hegyi, Emil Iliev, Helmut Liertzer, Walburg Maric-Oehler, Nikolaj Nikolajev, Chun Lee Oei Tan, Helena Pinto-Ferreira, Krunoslav Reljanović, Marshall Sager, Tatjana Solomonidou, S. Sukarto, Khatuna Urushadze, Dimitrios Vasilakos and others.