



THE CONGRESS IS BEING JOINTLY ORGANISED BY;

The British Medical Acupuncture Society, BMAS

[www.medical-acupuncture.co.uk](http://www.medical-acupuncture.co.uk)

and

International Council of Medical Acupuncture and Related Techniques, ICMART

[www.icmart.org](http://www.icmart.org)

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*Secretary BMAS*

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Mehmet Fuat Abut, *Turkey*

Abdulkadir Erengül, *Turkey*

Bryan L Frank, *USA*

Yoshiaki Omura, *USA*

Marshall Sager, *USA*

Claus Schnorrenberger, *Germany*

# Thousands of dollars in Prizes to be Won

You are invited to enter a free paper. The best three will be awarded prizes of \$1,000, \$750 and \$500. A fantastic opportunity for everyone to participate and super prizes if you are successful. The organisers are grateful to SEIRIN for sponsoring the free papers.

There will also be prizes for the three best posters in the Congress.



## Important Deadlines

The deadline for submitting abstracts is FRIDAY MARCH 15TH 2002.

Send by e-mail to [chief-executive@medical-acupuncture.org.uk](mailto:chief-executive@medical-acupuncture.org.uk)

Please make sure you have registered for the conference and any hotel accommodation by FRIDAY 29th MARCH 2002.

### Social Programme

#### Edinburgh

Edinburgh is an ancient and historic city with a skyline dominated by Edinburgh Castle home to the Scottish Crown Jewels and the Stone of Destiny. The castle was built on the site of an extinct volcano and is mentioned in records as early as the 8th Century. It is well worth a visit to the castle during your stay in Edinburgh. There is much else to see and do in Edinburgh and Conference Search will be pleased to advise you.



If you are travelling from abroad, why not take the opportunity to see the beautiful Scottish countryside either before or after the conference.

#### Reception at Hopetoun House

All delegates are cordially invited to a welcome reception on Friday 3rd May, which is being held at this magnificent stately home set in 100 acres on the shores of the Forth. Coach transport will be provided between Heriot-Watt Edinburgh Conference Centre and Hopetoun House. There is no extra charge to attend this event, but please make sure you complete the booking form to let us know you will be coming.

#### Gala Dinner

The dinner is being held on Saturday 4th May, at Prestonfield House a short distance from the city centre. Coach transport will be provided. The main house dates from 1687 and was built for Sir James Dick the Lord Provost of the city at that time.

The four course dinner with wine will include some uniquely Scottish entertainment we are sure will please visitors from far and wide.

***There is a charge to attend this event.***

Once again, we ask you to please make sure you complete the booking form to let us know you will be coming.



# Congress Programme

Please note that the timings and order of the programme may change due to circumstances beyond our control.  
We will make every effort to keep delegates informed.

## Friday 3rd May

- 2:00pm Registration & Refreshments  
3:30pm **Opening ceremony**  
**Welcome address from President BMAS**  
Watkin H, UK  
**Welcome address from VIP**  
**Welcome address from Secretary ICMART**  
Beyens F, Belgium  
**Welcome address from President ICMART**  
Maric-Oehler W, Germany  
**Welcome address from Secretary BMAS**  
Filshie J, UK
- 4:00pm **Oxytocin release via acupuncture for anxiety, pain relief and bonding**  
**The Social Molecule!**  
Uvnas-Moberg K, Sweden
- 7:10pm Transport to reception  
7:30pm **Reception - Hopetoun House**  
9:30pm Return from reception

## Saturday 4th May

- 9:30am **Plenary session:**  
**Acupuncture mechanisms and the relevance to clinical practice**  
Lundeberg T, Sweden
- 10:15am Discussion  
10:30am Coffee  
11:00am Debate  
**Superficial or deep needling - the debate.**  
Chairs: Watkin H, Liertzer H  
**Superficial needling**  
Baldry P, UK  
**Deep needling**  
Gunn C, Canada  
**Discussion**  
Lunch - **Lunch meeting**  
International editors meeting
- 2:00pm **Parallel sessions:**  
**Workshops and Free Papers 2:00 to 5:00pm**  
- Tea 3:15 to 3:45pm
- 1 **Back Pain**  
- **introduction and overview**  
Carlsson C, Sweden  
- **clinical perspectives**  
Traum D, Australia  
- **update of meta-analysis**  
White A, UK
- 2 **Segmental acupuncture workshop**  
Beckerring R, van Bussel R, Netherlands
- 3 **Traditional Chinese Acupuncture Workshop**  
Ots T, Hammes M, Germany
- 4 **Free Papers**  
5:00pm End of session  
7:30pm **Gala Dinner - Prestonfield House**

## Sunday 5th May

- 9:30am **Plenary session:**  
**Acupuncture for infertility in women**  
Stener-Victorin E, Sweden
- 10:15am Discussion  
10:30am Coffee  
11:00am **Plenary session:**  
**Acupuncture in the treatment of addictions**  
White A, UK
- 11:45am **Plenary session:**  
**Acupuncture in stroke rehabilitation - is there a role?**  
Johansson B, Sweden
- 12:30pm Lunch - **Lunch meeting**  
ICMART General Assembly
- 2:00pm **Parallel sessions:**  
**Workshops and Free Papers 2:00 to 5:00PM**  
- Tea 3:15 to 3:45PM
- 1 **Intramuscular Stimulation (IMS) workshop**  
Gunn C, Canada
- 2 **Related techniques - Moxibustion/Tuina Chinese Massage**  
James R, UK, Bachmann J, Germany
- 3 **International Acupuncture Research Forum (IARF)**  
- **Patient information in clinical trials**  
Chairs: White A, Filshie J, Linde K, Irnich D  
- **Pragmatic trials**  
- **Model projects / first reports**  
- **Funding issues**
- 4 **Free Papers**  
5:00pm End of session  
5:00pm Meeting BMAS Annual General Meeting

## Monday 6th May

- 9:30am **Plenary session:**  
**Future directions for acupuncture research**  
Zieglgansberger W, Germany
- 10:15am Discussion  
10:45am Coffee  
11:15am **Plenary session:**  
**Acupuncture in anaesthesia**  
Streitburger K, Germany
- 11:45am **Plenary session:**  
**Acupuncture and immunology**  
Saso S, UK
- 12:30pm End of session
- 9:30am **Parallel session:**  
**Auriculotherapy Workshop**  
Nogier R, France
- 10:45am Coffee  
11:15am **Parallel session:**  
**Auriculotherapy Workshop**  
Nogier R, France
- 12:30pm End of session  
12:30pm **Closing ceremony**  
**Prizes for free papers**  
**Closing address from President BMAS**  
Watkin H, UK  
**Closing address from President ICMART**  
Maric-Oehler W, Germany  
**Closing address from Secretary ICMART**  
Beyens F, Belgium

# World Congress Edinburgh 3rd – 6th May 2002

Advances in Acupuncture Mechanisms and Clinical Practice

## FAX BACK BOOKING FORM - +44 (0)161 427 2415

### PART 1: NOTE: Please fax both sides of this form

(Please print)

Title: (Dr, Mr, Mrs etc): \_\_\_\_\_ First Name: \_\_\_\_\_

Family Name: \_\_\_\_\_

### REGISTRATION FEES Per person - DEADLINE 29TH March 2002

	No of Persons	Per person	£ Total
Full Congress Fee <i>3rd – 6th May</i>	_____	£202.50*	_____
Fee <i>3rd &amp; 4th May</i>	_____	£152.50*	_____
Fee <i>5th May</i>	_____	£117.50	_____
Fee <i>6th May</i>	_____	£82.50	_____
Accompanying persons fee**	_____	£98.50	_____
Gala Dinner	_____	£53.50	_____
		SUBTOTAL	_____

\* Excludes Gala Dinner \*\* Includes Reception and Gala Dinner

### GUARANTEED HOTEL RESERVATION - DEADLINE 29TH March 2002

	No of Persons	Per room per night	£ Total
Please book me into the Edinburgh Conference Centre: ( <i>Full cost to be paid with your registration fee</i> ).			
<input type="checkbox"/> Single Room	_____	£36.00	_____
<input type="checkbox"/> Double Room/Twin Room*	_____	£49.75	_____
<input type="checkbox"/> Family Room ( <i>2 adults &amp; 1 child</i> )	_____	£61.50	_____
Please book me into the Marriott: ( <i>To be paid direct to the hotel. Credit card guarantee required</i> ).			
<input type="checkbox"/> Single Room	_____	£90.00	_____
<input type="checkbox"/> Double Room/Twin Room*	_____	£105.00	_____
<input type="checkbox"/> Family Room ( <i>2 adults &amp; up to 2 children</i> )	_____	£135.00	_____
Please book me into the Holiday Inn: ( <i>To be paid direct to the hotel. Credit card guarantee required</i> ).			
<input type="checkbox"/> Single Room	_____	£70.00	_____
<input type="checkbox"/> Double Room/Twin Room*	_____	£100.00	_____
<input type="checkbox"/> Family Room ( <i>2 adults &amp; 1 child</i> )	_____	£110.00	_____
<input type="checkbox"/> Family Room ( <i>2 adults &amp; 2 children</i> )	_____	£120.00	_____

\* Please confirm if Double or Twin room by deleting as required

SUBTOTAL \_\_\_\_\_

All rooms incl. bath or shower and wc and breakfast

TOTAL £ \_\_\_\_\_

**please fill in payment  
details overleaf**

Please give the number  and ages of children \_\_\_\_\_

Arrival date \_\_\_\_\_ Departure date \_\_\_\_\_

Special requests \_\_\_\_\_  Smoking room preferred

No refunds will be given for cancellations received after 8th March 2002.

A 20% service charge applies to cancellations before this date.

# World Congress Edinburgh 3rd – 6th May 2002

Advances in Acupuncture Mechanisms and Clinical Practice

**FAX BACK BOOKING FORM - +44 (0)161 427 2415**

**PART 2: NOTE: Please fax both sides of this form**

(Please print)

Title: (Dr, Mr, Mrs etc): \_\_\_\_\_ First Name: \_\_\_\_\_

Family Name: \_\_\_\_\_

Institution: \_\_\_\_\_ Street: \_\_\_\_\_

City/Town: \_\_\_\_\_ Post or zipcode: \_\_\_\_\_

Country: \_\_\_\_\_ Tel: \_\_\_\_\_

Fax: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Accompanying Person(s)

Please give the full names of everyone who will be accompanying you to the conference:

\_\_\_\_\_  
\_\_\_\_\_

Please advise us of any special dietary requirements:

\_\_\_\_\_  
\_\_\_\_\_

## **PAYMENT DETAILS - DEADLINE 8TH March 2002**

Please note that all fees and accommodation charges must be paid in GB Pounds sterling.  
We accept Mastercard, Visa or Switch Cards.

### **CREDIT CARD AUTHORISATION**

I authorise the BMAS to charge my credit card (or Switch card – UK delegates only) with Congress fees and accommodation charges as per this booking form. I accept all booking and cancellation conditions.

Mastercard       Visa       Switch (UK only)

Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

Name on Card \_\_\_\_\_ Issue No (Switch only) \_\_\_\_\_

Date \_\_\_\_\_ Signature \_\_\_\_\_

No refunds will be given for cancellations received after 8th March 2002.  
A 20% service charge applies to cancellations before this date.

## Welcome Message

The British Medical Acupuncture Society warmly welcomes you to attend the 10th World Congress of ICMART in Edinburgh 3rd - 6th May 2002.

This promises to be a stimulating meeting, set in a magical historic city far away from the pressures of life. The theme of the Congress will be "Advances in Acupuncture Mechanisms and Clinical Practice". An impressive list of international speakers has agreed to contribute and there will be something for everyone with high quality clinical trials and important preliminary observational work.

The Congress will incorporate a range of approaches, neurophysiological and traditional. It will also incorporate a further meeting of the International Acupuncture Research Forum (IARF) to debate further pressing research issues.

Try to make the time to attend this Congress. It will combine the best up to date knowledge and a memorable social programme!



Jacqueline Filshie

*Vice President of ICMART*



*Secretary of the British Medical Acupuncture Society*

Hywel Watkin

*President of the British Medical Acupuncture Society*



François Beyens

*Secretary General, ICMART*



## Congress Secretariat

Julian C Price, Chief Executive BMAS, London



Vanessa Edgerley, Head of Administration,  
BMAS, Warrington



Jane Llewelyn, Finance Officer, BMAS, Warrington



## Congress and Hotel Bookings

All delegate bookings for the Congress and hotel accommodation are being handled by Conference Search 1st Floor, 92 Church Lane, Marple, Cheshire, SK6 7AR, England.

### Accommodation

There is a wide range of accommodation available from simple Bed & Breakfast up to 5 star hotels. The Society has taken a block booking at the university which has good, comfortable en-suite accommodation at £36.00 single and £49.75 double, per night including breakfast. Demand for this accommodation is likely to be high. Early booking of your accommodation through Conference Search is essential and these rooms must be paid for in advance along with the registration fee.

Other rooms are available at the nearest hotels - The Marriott (formerly Swallow Royal Scot - 5 minute drive away) at £90.00 single/£105.00 double and at the Holiday Inn Hotel (formerly Post House - 10 minute drive from the Conference Centre) at £70.00 single/£100 double. Rates include breakfast. A credit card number will be required to guarantee your reservation and the number given on this booking form will be used unless otherwise indicated.

If you would like to book accommodation at a different hotel or if you have any queries regarding your accommodation booking, please contact Conference Search on:-

Telephone: +44 (0)161 427 7057      Fax: +44 (0)161 427 2415

E-mail: sarah@conferencesearch.co.uk

### Travel

Edinburgh is served by a road, rail and air transport network, making it easy to get to from many European cities.



#### Trains

The Great North Eastern Railway links London to Edinburgh in just over 4 hours.

Bookings can be made on line at [www.thetrainline.com](http://www.thetrainline.com)



#### Edinburgh International Airport

The airport is located 8 miles west of the city and the Heriot-Watt Edinburgh Conference Centre is only 10 minutes away.

If you are flying to Edinburgh, there are several national carriers and low cost airlines offering a service from European cities and from within the United Kingdom. The early May bank holiday is on 6th May and demand for seats is likely to be high. You are strongly advised to book your flight at the earliest possible time. This will also mean you are able to obtain the lowest price for your seat.

Details of the web sites for airlines are:

British Airways      [www.British-Airways.com](http://www.British-Airways.com)

British Midland      [www.flybmi.com](http://www.flybmi.com)

Easyjet      [www.easyjet.com](http://www.easyjet.com)

Go      [www.go-fly.co.uk](http://www.go-fly.co.uk)

Ryanair      [www.ryanair.com](http://www.ryanair.com) (from Brussels and Dublin)

Kindly note that neither the BMAS or Conference Search can be responsible for travel arrangements.