Complementary and Alternative Medicine – An update

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Presentation outline

- Where do we stand?
- Where do we go?
Where do we stand?

- Medicines
  - Herbals
  - Homeopathic
  - Anthroposophic and others

- Food
  - Maximum amounts of supplements
  - Food with health claims
Where do we stand?

1. Herbal medicines
   • Three authorisation routes
     • Full authorisation
     • Well-established use
     • Simplified registration procedure
   • EMA Committee on Herbal Medicinal Products
   • Commission report 2008
Where do we stand?

2. Homeopathic medicines

- Ways to the market
  - Mainly simplified registration procedure
  - Mutual recognition now possible

Homeopathic Medicinal Products Working Group of the HMA
Where do we stand?

3. Anthroposophic medicines et al.

- No specific provisions
- No specific working group
Where do we stand?

4. Food

- Levels of vitamins and minerals
  - Commission has to set maximum and minimum amounts of vitamins and minerals in food via "comitology"
  - Guiding principle: safety
  - Work ongoing

- Health claims
  - EU positive list for "function health claims" and authorisation for risk-reduction claims/claims referring to children
  - On EU positive list, Commission will proceed in 2 steps
Where do we go?

- Herbal medicines
  - New system functioning well
  - Response to Commission report?
- Homeopathic medicines
  - Future ECHAMP report
  - Targeted work with Member States?
- Anthroposophic and others?
- Need for a differentiated approach?