


# Complementary and Alternative Medicine – An update



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# Presentation outline

- Where do we stand?
- Where do we go?

# Where do we stand?

## ■ Medicines

- Herbals
- Homeopathic
- Anthroposophic and others

## ■ Food

- Maximum amounts of supplements
- Food with health claims

# Where do we stand?

## 1. Herbal medicines

- Three authorisation routes
  - Full authorisation
  - Well-established use
  - Simplified registration procedure
- EMA Committee on Herbal Medicinal Products
- Commission report 2008

# Where do we stand?

## 2. Homeopathic medicines

### ■ Ways to the market

- Mainly simplified registration procedure

- Mutual recognition now possible

### ■ Homeopathic Medicinal Products Working Group of the HMA

# Where do we stand?

## 3. Anthroposophic medicines et al.

- No specific provisions
- No specific working group

# Where do we stand?

## 4. Food

### ■ Levels of vitamins and minerals

- Commission has to set maximum and minimum amounts of vitamins and minerals in food via „comitology“
- guiding principle: safety
- work ongoing

### ■ Health claims

- EU positive list for “function health claims” and authorisation for risk-reduction claims/claims referring to children
- On EU positive list, Commission will proceed in 2 steps

# Where do we go?

## ■ Herbal medicines

- New system functioning well
- Response to Commission report?

## ■ Homeopathic medicines

- Future ECHAMP report
- Targeted work with Member States?

## ■ Anthroposophic and others?

## ■ Need for a differentiated approach?