About Bulgaria

Bulgaria is one of the oldest European States with 14th-century-old history. It was first founded in 681 AD. Modern Bulgaria is situated in Southeastern Europe, in the heart of the Balkan Peninsula over the land of the Thracians, a busy crossroad of ancient cultures. Bulgaria has been a member of the European Union since January 2007.

For centuries, the roads passing through the territory of the country have been connecting Europe with Asia and Africa. The geographical location of Bulgaria is reflected in the rich and ancient history of Bulgarian culture, architecture, cuisine, customs and traditions.

Bulgaria is also known for its picturesque nature, a unique combination of mountains and beaches, broad cultural heritage and excellent wines. According to statistics, the country ranks third in Europe after Greece and Italy for the number of its valuable archaeological monuments.

Venue

The Congress will be held in Ramada Sofia Hotel. This fantastic 4-star hotel is situated in the heart of Sofia, only 12 km from Sofia’s International Airport and within a walking distance from most of the main tourist attractions. The metro station is 100 m away from the hotel. Ramada Sofia Hotel is part of the American Wyndham Hotels’ chain. In 2009 the hotel won a prize for being the best convention hotel in the area, making it a great choice for business as well as leisure. Ramada Hotel features elegantly furnished light and spacious rooms welcoming guests with comfort and all of the in-room amenities you would expect. Facilities include air-conditioning, minibar, satellite TV, complimentary Wi-Fi Internet access, laptop safe.

The hotel’s fitness centre and indoor swimming pool are free of charge. The Hotel’s Spa Centre offers a range of relaxing and rejuvenating treatments, which visitors can follow with a delicious meal at the in-house cozy restaurants.

Welcome to Sofia

Situated among vast parkland, Sofia, the capital and largest city of Bulgaria, lies at the foot of the Vitosha mountain – a popular ski destination. With a history that stretches over seven millennia, run-rich Sofia is one of Europe’s oldest cities. The National Historical Museum is one of Eastern Europe’s most extensive and the Boyana church nearby, is a UNESCO monument.

Traversed by a modern metro, the city of Sofia is an intriguing mix of wide and graceful Parisian-style boulevards and Communist-era architecture. Enjoy a stroll down Sofia’s chic pedestrianized Vitosha Street, full of charming boutiques, tempting cafes and cozy bistros. Don’t miss the stunning gold-domed Alexander Nevski cathedral and the unique collection of early Roman mosaics in the crypt of St. Sofia church.

10–12 June 2016
Sofia • Bulgaria

ICGMAIT XVIII
World Congress on Medical Acupuncture
Dear colleagues,

On behalf of the Bulgarian Acupuncture Society I would like to invite you to the XVII ICMART World Acupuncture Congress to be held in Sofia 2016. It was in May 1983 when the World Congress last took place in Sofia with more than 1200 participants from all over the world. Twelve years later, in 1995, an ICMART Symposium was organized in the Bulgarian capital. Our Acupuncture School has a history of more than 50 years and has achieved popularity worldwide. Bringing the East and the West together, Sofia plays an important role in the transfer and exchange of culture, scientific and medical knowledge. Medical acupuncture is now playing a significant role in the development of integrative medicine.

Our goal in 2016 will be to bring forth and discuss the most recent developments in acupuncture, revealing its significance to the world through scientific discourse. The word “sophia” means wisdom and I am convinced there is no better place to meet traditional and modern medicine. The Congress will be a place for like-minded people and friends to exchange experience and ideas giving us a chance to reinforce commitment to our common international goals of Medical Acupuncture.

Sincerely yours,

Dr. Emil Iliev
Chairman of ICMART Congress

Dear Colleagues,

We are delighted to invite you to attend the ICMART 2016 World Congress in Sofia. An exceptional scientific event, focused on medical acupuncture and well-being, in which we will share the practice, research and education across the World. As well-being is a state characterized by health, happiness, and prosperity, this congress sounds extremely enlightening. Sofia in June is a city full of flowers and sunlight, a great place to meet.

Looking forward to welcoming you.

Konstantina Theodoratou
ICMART President

Main topics
- ACUPUNCTURE AND THE IMMUNE SYSTEM
- TCM IN AESTHETIC MEDICINE
- ACUPUNCTURE FOR PSYCHOLOGICAL DISEASES
- ACUPUNCTURE AND CHRONIC PAIN MANAGEMENT
- ACUPUNCTURE MICROSYSTEMS
- ACUPUNCTURE IN CLINICAL PRACTICE
- ACUPUNCTURE AND WELL-BEING

Abstracts requirements
- Abstract texts must be a maximum of 500 words
- Recommended fonts are Times New Roman 10 pt.
- Structure: Title (in capital case), Authors' full names (family name second) and affiliations (including their organization, city and country), Headings: Purpose, Relevance, Participants, Methods, Analysis, Results, Conclusions

Registration fees
- Early bird / before 28 February 2016: 350 euro
- Late registration / before 1 June 2016: 400 euro
- After 1 June 2016 / on-site: 480 euro

Congress Organizing Company:
Company for International Meetings Ltd.
18, Christo Botev St., Sofia 1000, Bulgaria
Contact person: Mrs. Denitsa Yonkova
Tel: (+359 2) 988 80 35
Fax: (+359 2) 980 60 74
E-mail: denitsa@cim.bg
www.cim.bg