



ICMART LEXICON of Medical Acupuncture

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International
Council of
Medical
Acupuncture and
Related
Techniques





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NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. TCM
 - Traditional Chinese Medicine (TCM): a diagnostic and therapeutic system, established in china more than 2000 years ago.

2. Scalp Acupuncture
 - Yamamoto's New Scalp Acupuncture

3. Hand Acupuncture
 - Korean

4. Auricular Acupuncture
 - a microsystem as described by Paul Nogier

B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
TCM	120	60	Y	N
Scalp Acupuncture	-	-	-	-
Hand Acupuncture	-	-	-	-
Auricular Acupuncture	-	-	-	-

20 hours of case reports and oral and written test will complete the education.



CORE CURRICULUM

Traditional Chinese Medicine (TCM)

Theory starts with general scientific knowledge of acupuncture, definition of an acupuncture point, meridians, segmental influence, analgetic effect, indications, contraindications. Within two lessons pupils get to know the localisation and indications of 120 acupuncture points. Instructions of different needling techniques, different forms of stimulation and the use of laser or moxa are issued. Basic theories of TCM such as Yin-Yang, Qi, Xue, Jinye, Shen, Zang Fu are explained. Different constitution types, syndromes according to Ba Gang, pulse and tongue diagnostics complete the theoretical part.

In the outpatient acupuncture clinic of the “Kaiserin Elisabeth” Hospital students are trained in anamnestic criterias like the Sizhen and how to generate an energetic acupuncture program. They are allowed to treat patients with acupuncture under the supervision of two general practitioners.

Acupuncture Microsystems (Scalp, Hand, Auricular)

Scalp acupuncture practiced is according to Yamamoto.

Hand acupuncture practiced is Korean.

Auricular acupuncture is taught according to the book of Rudolf Bucek (Praxis der Ohrakupunktur, ISBN-13: 978-3830470281).



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