



ICMART LEXICON of Medical Acupuncture

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International
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Medical
Acupuncture and
Related
Techniques





SPAIN



SPAIN

NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. Traditional medical acupuncture

- Acupuncture based on traditional Chinese Medicine, TCM acupuncture, is defined as a type of acupuncture which is based on creating a balance between and among the eight principles of complementary opposites (yin/yang, internal/external, excess/deficiency, hot/cold). 5 phases. Channels and collaterals.

2. Contemporary acupuncture

- Acupuncture based on neurophysiology, trigger points and modern medicine basis. Acupuncture based on physiological basis.

B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
TCM	300	150	Yes	
Contemporary	50	-	Yes	



CORE CURRICULUM

Training begins with education in the basic theories of Chinese medicine which includes the theory of Yin and Yang and Five Phases, theory of Zang Fu and their manifestations, theory of Qi, Blood and Body Fluid, theory of channels and collaterals, theory of etiology and pathology, theory of pathogenesis, theory of differentiation of syndromes. There is necessarily a stepwise education, first in traditional Chinese medical physiology, pathology and pathogenesis, then in diagnosis, syndrome analysis, and treatment principles. Training in diagnosis includes specific courses dedicated to teaching the nuances of tongue and pulse diagnosis.

Education in the practical application of acupuncture therapy also progresses in a stepwise manner beginning with study of the channels and collaterals, point location and actions, then basic and advanced needle technique and acupuncture treatment principles. Therapeutic techniques include moxibustion and other techniques derived from acupuncture including cupping therapy, electro-acupuncture, scalp acupuncture, and auricular therapy.

The process of training then progresses to a series of courses on clinical acupuncture practice. These clinical acupuncture practice courses teach a detailed understanding and treatment of common diseases according to the theory and experience of traditional Chinese medicine. These include the common illnesses of internal medicine, pediatrics, dermatology, ENT, ophthalmology, and obstetrics and gynecology and trauma.

The educational program includes some courses in the history and philosophy of Chinese medicine, introduction to Chinese classic texts, (Nei Jing, Nan Jing) and in modern scientific studies on the mechanism and action of acupuncture.

During the period of supervised practice the doctor in training assumes the responsibilities of diagnosis and treatment under the supervision of experienced doctors of acupuncture.



The goal of the training outlined above is to produce physicians whose theoretical and practical knowledge and proficiency in acupuncture therapy is at a level commensurate with what is required for any specialty of medicine. Training physicians in TCM acupuncture requires much more time than styles of acupuncture that utilize acupuncture primarily within the theoretical framework of modern medical theories, hence the greater number of hours required.

We spend 50 hours explaining contemporary acupuncture and trigger points with the acupuncture treatment, as well.

We have a master in the University of Barcelona and another in the Llieda University , only for doctors, 500 hours.

We have an accreditation for the doctors who have pass the exam from the Official Medical College in Barcelona valid in Spain.



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