



ICMART LEXICON of Medical Acupuncture

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International
Council of
Medical
Acupuncture and
Related
Techniques





TURKEY



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NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. Medical Acupuncture widely used in Europe
 - Medical Acupuncture widely used in Europe is defined as a type of acupuncture which were treated meridian patterns. So, the movement of energy is emphasized to promote healing. Trigger points are also treated with this concept.
2. TCM
 - TCM acupuncture is defined as a type of acupuncture which is based on creating a balance with using Traditional Chinese Medicine Diagnostic Examinations.
3. Auricular Therapy
 - Auricular Acupuncture Therapy is a therapeutic system utilizing the human ear where organs are projected as transitory holographic reflections of the brain's memory. This medical model enables the detection and the treatment of energetic and pathological disturbances on both the somatic and the psycho-emotional levels.

B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
Medical Acupuncture widely used in Europe	100	50	Y	N
TCM	200	100	Y	Y
Auricular Therapy	30	20	Y	N



CORE CURRICULUM

Medical Acupuncture widely used in Europe

Acupuncture application in modern medicine involves the combination of physiology, pathology, channel and point location, palpation of trigger points, needling technique, gross anatomy of major acupuncture points and indication and identification of the acupuncture channels and points.

Clinical instruction offers supervised experience in critical thinking, patient evaluation and application by trained instructors who are physician acupuncturists. Diagnosis is based on determining the level and intensity of the energy circulation disturbance.

TCM ACUPUNCTURE

Training begins with education in the basic theories of Chinese medicine which includes the theory of Yin and Yang and Five Phases, theory of Zang Fu and their manifestations, theory of Qi, Blood and Body Fluid, theory of channels and collaterals, theory of etiology and pathology, theory of pathogenesis, theory of differentiation of syndromes. Therapeutic techniques include moxibustion and other techniques derived from acupuncture including cupping therapy, electro-acupuncture, scalp acupuncture, mouth, hand, foot, ECWO and auricular therapy. These clinical acupuncture practice courses teach a detailed understanding and treatment of common diseases according to the theory and experience of traditional Chinese medicine.

AURICULAR ACUPUNCTURE THERAPY

The curriculum addresses the anatomy, the embryology and the innervations of the ear. It also addresses the details of Nogier's discovery and its evolution to the three-phase system. The concept of the 7 Nogier frequencies and the auricular zones with the various master points are also addressed. The anatomical and the physiological principles of choosing the appropriate ear for treatment are discussed together with the principles of using the various auricular needles, electrical devices, laser devices, magnets, beads, and pellets.



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