ICMART NEWSLETTER
July 2016

The Congress 2016 in Sofia has come and gone so quickly and our attention is shifting to Mexico City which will host the Congress for 2017.

I congratulate Dr Emil Iliiev and Dr Silvia Elenkova on the successful Congress which opened with a performance by the award winning Academic Male Choir “Gusla”.

Opening speeches were given by Dr Galinka Pavlova, Deputy Chairman of the Bulgarian, Medical Association, Dr Emil Iliiev President of the Congress, Dr Konstantina Theodoratou President of ICMART and Dr Chin Chan General Secretary of ICMART

Opening Ceremony       Opening Ceremony

Academic Male Choir “Gusla     Congress delegates

Dr Emil Iliiev, Dr Galinka Pavlova       Dr Chin Chan, Dr Konstantina Theodoratou, Dr Sukarto

It was an excellent experience for learning, meeting new friends and renewing old acquaintances. The hospitality was wonderful beginning with the Welcome Cocktails on Friday evening and culminating with the Gala Dinner on Saturday. The multi-talented Emil even sang for the guests at the Gala Dinner.
Thanks must also go to the team from Conference Management & Events Ltd which did a perfect job. They have posted Pictures from the Congress at [http://imgur.com/a/dGt0f](http://imgur.com/a/dGt0f)

Thanks also to the Ramada Hotel for the great venue and excellent catering
Congress attendance:
- Total 242
- Bulgarians 83
- non Bulgarian 159
- Countries 39

Prizes “Young Scientist” section

- Milagros Garcia-Ormaechea (Spain)
  “Evaluation of acupuncture in the treatment for xerostomia”

- Victoria Sandoval-Eslava (Mexico)
  “Hypoglycemic effect of Zusanli (E36) in a mouse model of streptozotocin induced diabetes type 1”

- Peter Kruger (Germany)
  “Acupuncture Randomized Trial for Preventing Test Anxiety”

Prize Best Poster

- Panagiotis Zogopoulos (Greece)
  “Acupuncture analgesia in a patient with a lumbar spinal nerve root schwannoma, a case report”

***COMPLETE CONGRESS PROGRAM AT END OF NEWSLETTER***
ICMART Congress 2017

The next Congress will be in Mexico City 2-4 June 2017 co-organised with FILASMA and hosted by the Mexican College of Acupuncture.

The Theme is “Evolution in Science: Medical Acupuncture on the World’s Health Integration”

Visit the congress website.

www.icmart-filasma-mx2017.org/indexEN.html (English)

www.icmart-filasma-mx2017.org

Dr Francisco Lozano
(FILASMA President)

Contributions to the Newsletter are welcomed from members of ICMART
- articles, reports on meetings or conference announcements
- deadline for September edition is 31 August 2016
- email GeneralSecretary@icmart.org
REPORT ON GENERAL ASSEMBLY

The General Assembly was held on Saturday 11\textsuperscript{th} June 2016 1.00 - 2.00 pm
Venue Ramada Hotel, Sofia

1. Results of election announced.

   Board for 2016 – 2017 as follows
   
   - President Konstantina Theodoratou (Greece)
   - General Secretary Chin Chan (Australia)
   - Treasurer Petja Piehler (Austria)
   - Vice Presidents Hedi Luxenburger (Germany)
     Chun Lee Oei-Tan (Netherlands)
     Marshall Sager (USA)
   - Directors at large Mehmet Abut (Turkey)
     Michaela Bijak (Austria)
     Tomas Dawid (Uruguay)
     Silvia Elenkova (Bulgaria)
     Dominik Irnich (Germany)
     Francesc Minguel (Spain)
     Siddhartha Popat (Germany)
     Patrick Sautreuil (France)
     Sukarto Sutisno (Indonesia)

2. New members announced at the General Assembly

   - Mexican College of Acupuncture
   - Uruguayan Acupuncture Association (AUA)
   - Scientific Society for Medical Acupuncture Netherlands (WAVAN)
   - Veterinary Society for YNSA and Tail Acupuncture (Japan)
   - Istanbul Acupuncture and Complementary Medicine Association (IACMA)

1. Future Congresses

   - 2017 FILASMA Mexico City
     Tomas Dawid reported on progress, had printed brochures
     (General Secretary of FILASMA)
   - 2018 DAEGfA (Germany) application accepted
   - 2019 AMAC (Australia) application accepted

Dr Chin Chan
General Secretary
35. Congress of DGfAN (German Association for Acupuncture & Neural Therapy)  
Erfurt  21-24 April 2016

The 35. congress of DGfAN was held as usual in a very high quality of the scientific lectures, posters, round table discussions and social events.

The congress in Erfurt has developed very fast to one of the biggest of this art in the world. The very dynamic and active organization under the leadership of Rainer Wander has succeeded to attract international visitors and companies interested in scientific acupuncture and neural therapy. The congress had as a main subject the men’s and women’s health in the different aspects of gender medicine and in the different aspects of the integrative medicine.

The congress in Erfurt had about 500 participants, 40 exhibitors and up to 8 parallel events. 48 speakers ran 16 workshops and 10 conferences. The speakers came from Germany, USA, England, Greece, Turkey, Switzerland and Australia.

Additional highlights of the congress were the welcome party and a wonderful Gala dinner in a very friendly and warm atmosphere with a lot of possibilities for exchanging information and meeting new people.

The board of ICMART likes to congratulate the organizers for this congress and announce the date for the next congress in Erfurt: 30.03 – 02.04.2017 with the main topic: “Biological Rhythms”.

Dr.med.Dr.med.univ. Petja Piehler, Treasurer of ICMART

Party time
Congress Program

Friday, June 10th, 2016
Diamond Hall
08:30 – 09:15 Opening ceremony
*Performance of Male Vocal Chorus “Bulgaria” conducted by Maestro Valentin Bobevski*

*Opal Hall (Hall 1)*
09:15 – 10:30 Research Session
Chair: Emil Iliev (Bulgaria) – Konstantina Theodoratou (Greece)
09:15 – 09:40 Chin Chan (Australia)
Acupuncture Point Specificity – What does it mean?
09:40 – 10:05 Konstantina Theodoratou (Greece)
A multicontextual systematic review: chronic pain and acupuncture
10:05 – 10:30 Thomas Burgoon (USA)
The future of acupuncture research and the role of placebo control
10:30 – 11:00 Coffee-break and a visit to the exhibition

11:00 – 13:00 Chair: Chin Chan (Australia) – Silvia Elenkova (Bulgaria)
11:00 – 11:20 Isabel Giralt, Gilda Carvajal (Spain)
Acupuncture as a complementary technique in assisted reproduction patients and its influence in the results/Our experience in a fertility clinic of Barcelona Salut de la Dona Dexeus in 102 patients/
11:20 – 11:40 Ilhan Oztekin (Turkey)
Electroacupuncture on back pain
11:40 – 12:00 Marco Romoli (Italy)
Auriculotherapy/Ear acupuncture in the elderly: Integration and well-being
12:00 – 13:00 Nadia Volf (France)
Auricular Causative Diagnosis and Treatment
13:00 – 14:00 Lunch

14.00 – 16.30 Cancer Session
Chair: Chun-Lee Oei Tan (Netherland) – Borjan Buzhov (Bulgaria) Yoshiaki Omura (USA)
Quick Screening of Cancers, Cardiovascular Diseases, and Brain Problems by Non-Invasively Detecting Visible and Non-visible Abnormalities Existing at Accurate Organ Representation Areas of Head, Eyebrows, Areas on & Around Eyes, Lips, & Nose of Face, Tongue, Umbilicus, Hands, and Feet, and Their Safe, Effective Treatment
Lozano, F., Gomez-Jiménez D. C.; Sandoval-Eslava V.; Sierra M., Menéndez-Aponte R. (Mexico)
Acupuncture as a Complementary Therapy for Cancer

Yoshiaki Omura (USA)
New Method of Detecting Various Cancers from Recorded ECGs was Discovered. Using This Method, Both Problem of the Heart and Quick Screening of Cancer As Well As Beneficial Effects of Optimal Dose of Taurine on Cancer and Heart Problem Were Evaluated

Yordanka Staykova, Nikola Pirovski, Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Nikola Tomov, Stilyan Iliev (Bulgaria)
The Value of the Acupuncture in Cancer Patients on Palliative Care

16:30 - 17:00  Coffee-break and a visit to the exhibition

17:00 - 19:30  Workshop
Chair: Miltiades Karavis (Greece)  Nadia Volf (France)
Finding the root of the pathology through Auricular Causative Diagnosis

20:00 - 21:30  Welcome Cocktail - Diamond Hall

Friday, June 10th, 2016
Ruby Hall (Hall 2)
11:00 - 13:00  Veterinary session
Chair: Evdokia Tsalkama (Greece) - Nikolay Dimitrov (Bulgaria)  Rodrigo Monteiro Fagundes (Brazil)
The use of traditional Chinese Veterinary Medicine in zoo and wild animals
Christiane Wander (Germany)
Acupuncture as a bovine obstetric aid
Rodrigo Monteiro Fagundes (Brazil)
Japanese Abdominal Palpation as a diagnostic tool in veterinary acupuncture

13:00 - 14:00  Lunch

14:00 - 15:30  Chair: Noriko Shimizu (Japan) - Francesc Minguell (Spain)
Noriko Shimizu (Japan)
Veterinary Microsystem Based on YNSA - Neck & Chest Diagnosis
Angel Kajadziev (Bulgaria)
The veterinary acupuncture in Bulgaria dates back more than 7 thousand years
Evdokia Tsalkama (Greece)
The effect of Acupuncture on Equine wellness. Case reports of chronic back pain in performance horses
Francesc Minguell (Spain)
WEI syndrome in small animals
Angel Kajadziev (Bulgaria)
Poster: Comparison of the Bulgarian and Chinese treatment and acupuncture systems on the tortoise scheme

15:30 - 16:00  Coffee-break and a visit to the exhibition
16:00 - 17:30
Chair: Isabel Giralt (Spain)
Kemal Nuri Ozerkan (Turkey)
Neurophysiologic view of acupuncture
David Alimi (France)
Auriculotherapy in stress
Huang Wei Ling (Brazil)
Is auricular acupuncture effective in the treatment of headaches? A double blind study
Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Yordanka Staykova, Nikola Tomov, Stilyan Iliev, Lyubomir Pirovski (Bulgaria)
Local application of capsaicin together with acupuncture in the point ST-36 (Zusanli) in humans
Huang Wei Ling (Brazil)
Apex ear bloodletting, dietary counseling and scalp acupuncture in reducing knee pain among patients treated with auricular acupuncture - A double blind study

17:30 - 19:00
Chair: Francisco Lozano (Mexico)
Workshop
Kemal Nuri Ozerkan (Turkey)
The effect of Bi-Digital O-Ring test in acupuncture

Saturday, June 11th, 2016
Opal Hall (Hall 1)
08:30 – 10:30
Acupuncture today I
Chair: Hedi Luxenburger (Germany) – Encho Enev (Bulgaria)
Silvia Elenkova, Vladimir Pozharashki (Bulgaria)
Psychoemotional Disorders – An Integrative East - West Approach to Treatment
Huang Wei Ling (Brazil)
Medication, apex ear bleeding, and diet in patients with depression treated with auricular acupuncture - A double blind study
Miltiades Karavis (Greece)
Psychosomatic Disorders and Acupuncture
Aliaksandr Sivakou, Taisiya Hrekava, Tatyana Rybina, Siarhei Lialikau (Belarus)
Acupuncture and physiopuncture in industrially conditioned chronic bronchitis treatment
M. Tarabe, K. Theodoratou, A. Petropoulou (Greece)
Effective needless acupuncture using crystal light therapy (dielectric resonance).
A new complimentary treatment modality?
Tomas Dawid (Uruguay)
Acupuncture and blood donation: The ghost of Hepatitis and other threats.

10:30 – 11:00
Coffee-break and a visit to the exhibition

11:00 – 13:00
Chair: Tommy Sommer (Denmark) – Nelli Dimkin (Bulgaria)
Manola Souvanlasy (France)
Chronic inflammation and autoimmune diseases, the bridge between Chinese and Western medicine
13:00 – 14:00  
**ICMART GENERAL ASSEMBLY**

13:00 – 14:00  
**Lunch**

14:00 – 15:00  
**Poster session Discussion**

Moderator:  
Chair: Michaela Bijak (Austria) – Doncho Lisyiski (Bulgaria)  
Denka Marinova (Bulgaria)

Impact of acupuncture on the motive independence of patients suffering from multiple sclerosis  
**Blagica Arsovska, Jihe Zhu (Macedonia)**

Case report: Acupuncture treatment for hypothyroidism  
**Jihe Zhu, Blagica Arsovska, Kristina Kozovska (Macedonia)**

Case report: Acupuncture treatment for nocturnal enuresis  
**Jihe Zhu, Blagica Arsovska, Kristina Kozovska (Macedonia)**

Nocturnal enuresis in children - Treatment with acupuncture  
**Angel Kajadziev (Bulgaria)**

Diagnostics based on intimate (genital) hair and the breasts of women in TCM and Feng Shui  
**Yu Jong Kim, Eun Jung Kim, Young Doo Choi, Chan Yung Jung, Sang Yeon Min, Sung Yun Park, Kyung Ho Kim, Kap Sung Kim and Seung Deok Lee (Korea)**

A Comparative Study on Heat Transfer Characteristics in Tissue Model with Application of Heat transfer type of therapeutic modalities  
**Patrick Sautreuil, Tuy Nga Brignol, Besma Missaoui, Michèle Mane, Samy Benday, Philippe Thoumie (France)**

Contribution of Neuroacupuncture as a Supportive Care in Neuromuscular Diseases. Experience of the Physical Medicine and Rehabilitation Department at ROTHSCCHILD Hospital (Paris, France)  
**Janina Geib, Monika A Rieger, Stefanie Joos, Gerhard W. Eschweiler, Florian G. Metzger (Germany)**

Introduction of Auricular Acupuncture (NADA protocol) in elderly patients suffering from major depression - a mixed methods feasibility study  
**Minh-Luat Le (Vietnam)**

The effects of experimental electroacupuncture anesthesia on Shen-Shu acupoints  
**Panagiotis Zogopoulos (Greece)**

Acupuncture analgesia in a patient with a lumbar spinal nerve root schwannoma - A case report  
**Emilia Hristova (Bulgaria)**

Acupuncture as a part of regulative multidimensional approach in depression  
**Encho Enev (Bulgaria)**

Fractal theory as a fundamental approach for the application of acupuncture&moxibustion  
**Banu Çaycı (Turkey)**

Characteristics of patients who apply to Gazi University Acupuncture and Complementary Medicine Center  
**Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Yordanka Staykova, Nikola Pirovski, Nikola Tomov, Stilyan Iliev (Bulgaria)**

Experimental acupuncture of the point ST-36 (zusanli) in rats
Yordanka Staykova, Nikola Pirovski, Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Nikola Tomov, Stilyan Iliev (Bulgaria)
Tongue Examination – Its value for the General Practitioner
Stilyan Iliev, Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Yordanka Staykova, Nikola Pirovski, Angelina Pirovska, Nikola Tomov (Bulgaria)
The History of Acupuncture Needless
Saidova Z, Kalinova L. (Czech Republic)
Finger Nails Therapy
Tatiana Valova-Ilieva, Emil Iliev (Bulgaria)
Comparative analysis of the results from treatment of patients with arterial hypertonia with acupuncture and modern anti-hypertensive drugs

15:00 – 16:30
Experimental Session
Gregory Glazov, Jon Emery, Michael Yelland (Australia)
A meta-analysis: Randomised Controlled Trials of Low-Level Laser Therapy Including Laser Acupuncture for chronic non-specific low back pain
Seungug Hong, Gilhee Yi, Jinah Lee (Korea)
Acupuncture accelerates wound healing in burn-injured mice
Evdokia Tsalkama, Konstantina Theodoratou (Greece)
The use of ST-36 in laboratory animal studies documenting the effects of acupuncture on pain treatment
Banu Çaycı (Turkey)
Effect of acupuncture therapy on serum melatonin and antidiuretic hormone levels in patients with nocturia
Mehmet Tuğrul Cabioğlu (Turkey)
Mechanisms and effectiveness of acupuncture applications in the treatment of fibromyalgia

16:30 – 17:00
Coffee-break and a visit to the exhibition

17:00 – 18:30
Workshop
Chair: Alexander Sivakov (Belarus)
Gabriella Hegyi (Hungary)
New techniques in acupuncture: Pain management and anti-ageing treatment with permanent needles

Saturday, June 11th, 2016
Ruby Hall (Hall 2)
08:30 – 10:30
Metabolic-Endocrine Session
Chair: Patrick Sautreil (France) – Rositza Kotzeva (Bulgaria)
Hamid Brahimi (Algerie)
Severe obesity and acupuncture
Luis Carlos Mendes (Portugal)
Effective fu ling (Poria cocos) for the treatment of obesity
Koosnadi Saputra (Indonesia)
5 elements in endocrinology. Chinese philosophy in medical physiology
Ali Özden Öztürk, Gizemnur Öztürk (Turkey)
Holy Touch All in AUCH© (Hypnoacupuncture): How to use Awareness Under Conscious Hypnosis (AUCH©) Method and Acupoints in Weight Control
Uwe Siedentopp (Germany)
Combining acupuncture with Western and Chinese nutritional treatment in obesity

Ladislav Fildan (Czech Republic)
Painful and Dyspeptic Syndrome of the Epigastric Region – Neurosis of the stomach. Possibility of acupuncture and of the methods of the holistic medicine in diagnostics and treatment

Lily Luzina-Chju, Kamilla Luzina (Russia)
Chrono-Acupuncture Treatment for Biliary Tract Dysfunctions

10:30 – 11:00  **Coffee-break and a visit to the exhibition**

11:00 – 13:00  **Acupuncture techniques**
Chair: Petja Piehler (Austria) – Helmut Liertzer (Austria)
N. Lyapko (Ukraine)
Superficial multi-needle therapy, using a Lyapko applicator
O. Kovalenko, O. Yurik, M. Rubanista, V. Hubenko, V. Abramenko (Ukraine)
Capabilities of non-drug methods in the treatment of patients with demyelinating diseases of the nervous system
Le Thuy Oanh (Vietnam)
Treatment of autism with catgut-embedding

13:00 – 14:00  **Lunch**

14:00 – 15:30  **Young Scientists Award section**
Chair: Helena Pinto Ferreira (Portugal), Johannes Fleckenstein (Germany)
Milagros Garcia-Ormaechea, Milagros Arrocha, Carmen Lareu, Concepción Yñiguez, Isabel Giralt, Jorge Vas (Spain)
Evaluation of acupuncture in the treatment for xerostomia
Alina Tyan (Russia)
Increase mental performance techniques of reflexology among medical students
Victoria Sandoval-Eslava (Mexico)
Hypoglycemic effect of Zusanli (E36) in a mouse model of streptozotocin induced diabetes type 1
Peter Kruger (Germany)
Acupuncture Randomized Trial for Preventing Test Anxiety

15:30 – 16:30  **Workshop**
Chair: Ladislav Fildan (Czech Republic)
Irmgard Simma (Austria)
Craniomandibular disorders: A retrospective analysis of 887 Treatments with Microsystem Acupuncture

16:30 – 17:00  **Coffee-break and a visit to the exhibition**

17:00 – 19:00  **Workshop**
Chair: Francois Beyens (Belgium)
Uwe Siedentopp (Germany), Michaela Bijak (Austria), Sonja Maric (Germany)
Acupuncture and Well-Being: Well-Being in Asian medical systems - a comparative approach

Sunday, June 12th, 2016
*Opal Hall (Hall 1)*
09:00 – 10:30
**Acupuncture today II**
Chair: Tomas Dawid (Uruguay) – Marieta Zheleva (Bulgaria)
Michael Hammes (Germany)
Ancient Chinese Medicine: The Eight Extraordinary Vessels – Retrieved Significance and Rediscovered Acupuncture Practice
Johannes Nepp (Austria)
Effects of Electrical Stimulation in acupuncture for chronic conjunctivitis help neurological and psychological complaints

10:30 – 11:00
**Coffee-break and a visit to the exhibition**

11:00 – 13:00
Chair: Michael Tarabe (Greece) – Dr. Sukarto (Indonesia)
Marcia Tanur (USA)
Tobacco and Opiate Misuse: Integrative Approaches Using Group Acupuncture in Our Homeless Communities - a Nascent Program
Svetla Savova (Bulgaria)
Treatment of acute and chronic tonsillitis in childhood using laser therapy
Sofia Angelova, E. Naseva (Bulgaria)
Efficacy of combined method of treatment of smoking with acupuncture and Tabex vs acupuncture
Henriette Muraközy (Germany)
Coping of Negative stress and related chronic pain syndromes with acupuncture and TCM in the modern way of life
Elena Pashenko (Ukraine), Kamen Filipov (Bulgaria)
Modern electropuncture technologies for diagnostics and therapy and their place in the medical practice
Mitsunori Seino (Japan)
The characteristics of Japanese acupuncture and moxibustion
Stilyan Iliev, Nikolay Dimitrov, Dimitrinka Atanasova, Dimitar Sivrev, Yordanka Staykova, Nikola Tomov, Nikola Pirovski, Zoya Goranova (Bulgaria)
Anatomy of emergency acupoint DU 26 (Ren’zhong)
Grigor N. Grigorov (Bulgaria)
Chronic non-specific low back pain and acupuncture

13:00 – 14:00
**Lunch**

**Closing Ceremony**
**Presentation of ICMART 2017 Congress**

14:00 – 16:00
**Workshop**
Boqun Li (China)
The Characteristic Treatment of TCM to Common Diseases
Part I. Basic Theories of TCM.
Part II. The Characteristic Treatment of TCM to Common Diseases

16:00 - 16:30  Coffee Break
16:30 - 18:00  Veterinary Acupuncture Section
   Evdokia Tsalkama (Greece)
   The effect of acupuncture on equine wellness.
   Research in laboratory animals
   Didier Schmitt (France)
   Feline acupuncture (Cats in Veterinary Clinic)
   Francesc Minguell (Spain)
   How can acupuncture help in veterinary clinic
   Discussion
   Concluding remarks

Sunday, June 12th, 2016
Ruby Hall (Hall 2)

09:00 - 11:00  Neural therapy as a modern treatment approach to pain: Lectures
   Chair: Rainer Wander (Germany)
   Petja Piehler (Austria)
   Introduction of neural therapy, basics, indications, education
   Helmut Liertzer (Austria)
   Trigger point news
   Wolfgang Ortner (Austria)
   Neural therapy in the gynecology

11:00 - 11:15  Coffee-break and a visit to the exhibition
11:15 - 13:00  Neural therapy – Workshop
   Chair: Wolfgang Ortner (Austria)
   Rainer Wander (Germany)
   Neural therapy for acupuncture non-responders – headache
13:00 - 14:00  Lunch
14:00 - 17:00  Neural therapy in clinical practice - Workshop
   Chair: Helmut Liertzer (Austria)
   Wolfgang Ortner (Austria), Petja Piehler (Austria)