



ÖGA Österreichische Gesellschaft für  
**AKUPUNKTUR**



**ICMART**

## **ICMART 2013**

**International Medical Congress**

and

5<sup>th</sup> International Johannes Bischko Symposium

**Medical Acupuncture and  
related techniques**

**Therapeutic options during  
2<sup>nd</sup> half of life**

**ICMART 2013**

**Christmas in Vienna**



**Nov. 29<sup>th</sup> - Dec. 1<sup>st</sup>**  
**Billrothhaus**  
**Vienna, Austria**



**30 years**

International Council of Medical Acupuncture and Related Techniques

**60 years**

ÖGA / AAS Austrian Acupuncture Society

**Registration**

**[www.bit.ly/icmart2013](http://www.bit.ly/icmart2013)**



**NEWS and INFO**

**[www.ICMART.org](http://www.ICMART.org)**

**[www.akupunktur.at](http://www.akupunktur.at)**



# ICMART

*International Council of Medical Acupuncture and Related Techniques*

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## Greeting Address

**ICMART Congress Vienna**

**29<sup>th</sup> November – 2<sup>nd</sup> December 2013**



Medical Acupuncture has made impressive inroads during the last decades. By energizing and challenging the traditions of conventional western medicine, Medical Acupuncture is now used by many physicians and requested by many patients. Medical Acupuncture is in the forefront of developing the new model of integrative medicine.

ICMART, the International Council of Medical Acupuncture and Related Techniques, is the premier worldwide spokes-organization for Medical Acupuncture. ICMART has played a special role in this process of integration. Over many years, the ICMART congresses have created a platform of dialogue and exchange in numerous important areas, including education, clinical practice and research.

All of us have been working actively on this process which is evidenced and documented by the history of ICMART. Beginning in 1983, with a group of dedicated pioneers, ICMART has developed into an international umbrella organization which now includes about 90 medical acupuncture associations worldwide.

During the last decade, ICMART has increased its prominence within the framework of CAM at the EU level. ICMART was an active partner in the successful Brussels CAM Conference in October 2012 and served as a member of the Advisory Board of the EU 7th Frame Work Research Program, CAMbrella. The contribution of Medical Acupuncture to European public health has been vital. Its prominence is closely related to the current main issues of EU health policy. These include prevention, healthy aging, chronic disease management and mental health, among others. The theme of the upcoming ICMART Congress 2013 in Vienna, 'Medical Acupuncture and related techniques, therapeutic possibilities during the second half of life' is closely connected to the problems modern societies are facing internationally and specifically to EU health policy topics.

The Austrian organizers of this congress, in cooperation with the ICMART Board and the ICMART Scientific Chapter, are preparing an interesting and informative program with clinical as well as scientific lectures, important speakers, workshops and posters --- all focused on the aims and goals of Medical Acupuncture and related techniques as it refers to the 2<sup>nd</sup> half of life.

The beauty and the cultural importance of Vienna will surround the conference. Everybody will be invited to share the joyous and exciting pre-Christmas atmosphere, which will delight participants and their accompanying friends. There is no better place to meet old and new acquaintances, to exchange ideas and reinforce our commitment to our common international goals of Medical Acupuncture.

Welcome in Vienna 2013.

Prof.h.c. Walburg Marić-Oehler, MD

*General Secretary of ICMART International Council of Medical Acupuncture and Related Techniques*

*Honorary President of DAEGFA German Medical Acupuncture Association*

[www.icmart.org](http://www.icmart.org)

[www.bit.ly/icmart2013](http://www.bit.ly/icmart2013)

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#### Society Headquarter

Louisenstrasse 15-17 / Loewengasse 1, 61348 Bad Homburg / Germany

#### Contact

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60 Years

**ICMART Congress 2013 Vienna**  
5<sup>th</sup> Johannes Bischko Symposium for Acupuncture

**'Therapy and Possibilities of Diagnoses during the 2<sup>nd</sup> Half of Life'**

Nov. 29<sup>th</sup> – Dec. 1<sup>st</sup>

Billrothhaus, Vienna, Austria



Dear Colleagues, dear Friends,

The acupuncture congress of ICMART will take place end of November 2013 in Vienna.

The congress venue is something very special. You can also enjoy the famous atmosphere of "Christmas in Vienna".

Let it be a surprise for you and your companion.

Additional to this congress we will celebrate

- **30 years of ICMART** founded in 1983 in Vienna and
- **60 years of Austrian Acupuncture Society**

The title of the Congress 'Therapy and Possibilities of Diagnoses during the 2<sup>nd</sup> Half of Life' is promising very interesting lectures and workshops.

I gladly invite you all to this event and hope to see you in Vienna in 2013.

With best regards from Vienna

Prof. Dr. med. Helmut Nissel, MD

*Chairman ICMART 2013*

*President of the Austrian Acupuncture Society ÖGA*



**Registration fees:**

REGISTRATION	Early (before August 30, 2013)	Late (after August 30, 2013)
Delegates	€ 450	€ 530
Members of Austrian Acupuncture Society	€ 390	€ 450
Medical Students	€ 250	
Onsite Registration	€ 550	

SOCIALS	
Galadiner per Person	€ 90
Welcome Cocktail (registration necessary)	included

**Registration fees include:**

- Admission to all scientific sessions
- Congress program
- Opening and closing Ceremony and Welcome cocktail
- Refreshments and coffee breaks during official Congress breaks
- Access to the Congress exhibition

**Congress Venue:**

Gesellschaft der Ärzte – Billrothhouse, Frankgasse 8, A-1090 Vienna

**Information and registration****Hotelreservation, Travel details:**

Austropa Interconvention – [www.bit.ly/icmart2013](http://www.bit.ly/icmart2013)

Mrs. Daniela Filzwieser – [Daniela.Filzwieser@interconventio.at](mailto:Daniela.Filzwieser@interconventio.at)

**Exhibition:**

MAW – Medizinische Ausstellungsgesellschaft

Mrs. Marielle Wenning – [marielle.wenning@media.co.at](http://marielle.wenning@media.co.at)

**Organization Committees – Vienna 2013**  
**ICMART Board**

<b>President:</b>	Helena Pinto Ferreira (Portugal)
<b>Immediate Past President:</b>	Chin Chan (Australia)
<b>Honorary President:</b>	François Beyens (Belgium)
<b>General Secretary:</b>	Walburg Marić-Oehler (Germany)
<b>Vice Presidents:</b>	Konstantina Theodoratou (Greece) Marshall Sager (USA) Mehmet Abut (Turkey)
<b>Treasurer:</b>	Petja Piehler (Austria)
<b>Directors-at-large:</b>	Mike Cummings (UK) Michael Hammes (Germany) Helmut Liertz (Austria) Hedi Luxenburger (Germany) Nickolay A. Nickolaev (Latvia) Patrick Sautreuil (France) Chun-Lee Oei-Tan (Netherlands)
<b>Education Chapter:</b>	Marshall Sager (USA) Michael Hammes (Germany)
<b>European Chapter:</b>	Walburg Marić-Oehler (Germany) Hedi Luxenburger (Germany) Isabel Giralt (Spain)

**Congress Presidents:**

<b>ÖGA President:</b>	Helmut Nissel (Austria)
<b>ICMART President:</b>	Helena Pinto Ferreira (Portugal)

**Organizing Committee:**

<b>ÖGA Chairman:</b>	Helmut Nissel (Austria)
<b>ICMART Chairlady:</b>	Walburg Marić-Oehler (Germany)
<b>Co-Chairmen:</b>	Helmut Liertz (Austria) Francois Beyens (Belgium)

**Local Scientific Committee:**

Helmut Nissel, Helmut Liertz, Karin Stockert
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**International and ICMART Scientific Committee:**

Almeida Armando	Piquemal Marc
Banzer Winfried	Pinto Ferreira Helena
Cummings Mike	Theodoratou Konstantina
Dantas Flavio	Usichenko Taras
Hammes Michael	Vas Jorge
Irnich Dominik	Vasilakos Dimitros
Joao Bosco Ferreeo	Weinschenk Stefan
Lundeborg Thomas	White Adrian

**Congress Scientific Committee**

Abut Mehmet	Nickolaev Nickolay
Ceccherelli Francesco	Niemtzov Richard
Fossion Jean Pierre	Ortner Wolfgang
Gleditsch Jochen	Sautreuil Patrick
Liertzer Helmut	Saputra Koosnadi
Martin Francesc Miguell	

**International Honorary ICMART Committee**

Alfredas Marushka	Montt Hector Marino
Aung Steven	Mouglalis Yves
Bangha Ondrej	Nickolaev Nickolay
Ceccherelli Francesco	Oei Tan Chun Lee
Fildan Ladislav	Omura Yoshiaki
Filshie Jaqueline	Ortner Wolfgang
Frank Bryan	Papathanasiou Gerasimos
Fossion Jean Pierre	Pohodenko-Chudakova I.
Garcia i Janeras Albert	Reljanovic Krunoslav
Giralt Isabel	Rosted Palle
Hegy Gabriella	Shimizu Noriko
Iliev Emil	Solomonidou Tatjana
Irnich Dominik	Sponzilli Osvaldo
Jovanovic Ignjatic Zlata	Stör Wolfram
Junnila Seppo	Sukarto
Karanikiotes Charisios	Tanigawa Ruy
Laegaard Elsebeth	Vassilakos Dimitros
Lilleberg Malle	Vinandy Guy
Machtelinckx Vera	Ximenes Rey
Martin Francesc Minguell	YamamotoT.
Mezei Joseph	Zaliunas Remigijus
Moldovan Cornel	

**International Poster Jury**

Mike Cummings	ICMART, BMAS
Thomas Ots	DZA, DAEGFA, ÖWÄA
Karin Stockert	ÖGA

## Friday, November 29th, 2013

**11:00**

**Registration**

### **ROOM A**

13:00 – 14:45

#### **Workshop**

**GLEDITSCH J.**

Specific options for microsystem acupuncture – the benefit of Very-Point-Techniques

### **MAIN HALL**

#### **15:00 – 16:20 Menopause, Silent Inflammation**

**Chair: Borud E., Wolkenstein E.**

15:00 – 15:20

**BORUD E.**

The Acupuncture on Hot Flushes among menopausal women (ACUFLASH) study, a randomized controlled trial (including observational follow-up results at 6 and 12 months)

15:20 – 15:35

**STOCKENHUBER D.**

TCM for treating menopausal hot flushes: state of the art

15:35 – 15:50

**YUN Younghee**

Effect of Facial Cosmetic Acupuncture on Facial Elasticity: An Open-Label

15:50 – 16:05

**WOLKENSTEIN E.**

How can TCM promote anti-aging?

16:05 – 16:30

**PAPATHANASIOU G.**

The importance of the concept of “silent inflammation”

16:30 – 16:45

**PIEHLER P.**

The role of inflammation in modern medicine and treatment with neural therapy

### **ROOM A**

15:00 – 16:45

#### **Workshop**

**IRNICH D.**

Triggerpoint Acupuncture (dry Needling)

### **MAIN HALL**

**17:00**

#### **Opening Ceremony**

**H. Pinto-Ferreira**

**H. Liertzner**

**F. Beyens**

**W. Maric-Oehler**

**H. Nissel**

Opening, Welcome Address, Music Reception

**18:30**

#### **Get together at the buffet**

**20:00**

End of the day

## Saturday, November 30th, 2013

8:15 To wake up: Taiji/Qigong early bird with M. Bijak

### MAIN HALL

#### 9:00 – 11:00 Study design

Chair: Witt C., Stockert K.

9:00 – 9:20

**GLAZOV G.**

Low dose laser acupuncture for non-specific chronic low back pain – a randomized controlled trial  
What factors affect the non-specific response in an acupuncture intervention

9:20 – 9:40

**WITT C.**

Comparative Effectiveness Research - Contributions from acupuncture studies and future implications

9:40 – 9:55

**OTS Th.**

Meridian Model of TCM outdated - Meta-Analysis of sham-controlled RCT acupuncture studies

9:55 – 10:10

**IRNICH D.**

The meaning of words in acupuncture - there is a point of no return

10:10 – 10:25

**BÄUMLER P.**

The homo- and heterosegmental effects of acupuncture assessed by Quantitative Sensory Testing – a randomized controlled trial

10:25 – 10:40

**WEINSCHEK Th.**

Effects of therapy with local anaesthetics (neural therapy) – an international prospective multi-center study

10:40 – 10:55

**FLECKENSTEIN J.**

Acuraid: an open access acupuncture research and indication database

11:00 – 11:30

**Coffee break**

#### 11:30 – 13:00 Cancer

Chair: Ludwig H., Cummings M.

11:30 – 11:45

**LUDWIG H.**

Advanced sights of modern oncology

11:45 – 12:00

**FRIEDL F.**

Integration of Western Medical Oncology and TCM

12:00 – 12:15

**HUMMESLBERGER J.**

Role of Chinese Medicine in Integrative Oncology – a new approach

12:15 – 12:30

**CUMMINGS M.**

Acupuncture and self-acupuncture for long term treatment of vasomotor symptoms in cancer patients – audit and treatment algorithm

12:30 – 12:45

**JEANNIN Ph.**

Foot leg syndrome for cancer patients and acupuncture



## ROOM A

9:00 – 10:45

11:00 – 12:45

13:00 – 14:00

## Workshops: Tibetan medicine

**MARIC S.**

The practice of Tibetan medicine in a modern context

**SCHWABL H.**

Tibetan Formulas as Network Medicines

**ICMART Extraordinary General Assembly**

## ROOM B

9:00 – 13:00

## ROOM C

9:00 – 10:45

11:00 – 12:45

13:00 – 14:00

## Poster session I

(11:00 – 11:30 Oral poster presentations)

## Workshops

**CHIN C.**

Neurophysiology for Dummies

**MOSCH-KANG Y.S.**

50 + Wellbeing for Senior Citizens with

Korean Hand Acupuncture

**Lunch break**

## MAIN HALL

### 14:00 – 18:00 Neurology

**Chair: Nissel H., Schmidbauer M.**

14:00 – 14:15

**SCHMIDBAUER M.**

Plasticity of the brain chance of rehabilitation

14:15 – 14:30

**KARAVIS M.**

Rehabilitation-dependent neuronal plasticity in post-stroke patients. The use of acupuncture in a rehabilitation unit in Athens (The Filoktitis Research Project)

14:30 – 14:45

**SAUTREUIL P.**

Painful multiple Sclerosis, Neuroacupuncture stance and gait

14:45 – 15:00

**FOSSION J.P.**

Are Zang Fu indications of an acupoint only two synapses away from is cutaneous receptive field?

15:00 – 15:15

**KOSTNER B.**

A review of neuroprotective phytochemicals from traditional Japanese medicine

15:15 – 15:30

**DIMITRIADIS G.**

Case reports and Neural therapy from an neurological outpatient service

15:30 – 16:00

**Coffee break** (Oral poster presentations room B)

**Chair: Irnich D., Hammes M.**

16:00 – 16:15

**THEODORATOU K.**

An fMRI Study prior and post acupuncture treatment during the first 24 hours of smoking cessation

16:15 – 16:30

**RAITH W.**

Laseracupuncture in neonates with neonatal abstinence syndrome (NAS) due to maternal substitutiontherapy: first result of a randomized control trial.

- 16:30 – 16:45 **HAMMES M.**  
Management of psychosomatic disorders – from historic perspectives to the present situation in mainland China
- 16:45 – 17:00 **CHIN C.**  
Post Herpetic Neuralgia managed with high Frequency Electro-acupuncture
- 17:00 – 17:15 **SERRAT K.**  
Synergies in related techniques - a case report of posttraumatic amputee
- 17:15 – 18:00 **Round table (Hammes et al)**

## ROOM A

### Free papers

Chair: **Bijak M., Kostner B.**

- 14:00 – 14:15 **FOSSION R.**  
Is acupuncture quantifiable by heart rate variability (HRV)?  
A systematic review in patients with chronic pain
- 14:15 – 14:30 **MOREIRA A. (+ Video)**  
Hemithyroidectomy performed with acupuncture anesthesia: a case report
- 14:30 – 14:45 **LEE D.**  
Short Term Gain, Long Term Benefit
- 14:45 – 15:00 **WERNICKE Th.**  
Pediatric Acupuncture in Geriatrics – Is That Possible?  
Treatment of Old Patients with Shōninishin
- 15:00 – 15:15 **REININGER M.**  
The frequencies of the meridians and their practical use
- 15:15 – 15:30 **CHANG Y.H.**  
History and Development of Acupuncture boom
- 15:30 – 15:45 **HEGYI G.**  
Cancer and TCM in synergy
- 15:45 – 16:00** **Coffee break** (Oral poster presentations room B)

16:00 – 19:00

### Workshop

**WITT C.**  
Appraisal and Design of effectiveness studies on acupuncture

## ROOM B

14:00 – 18:00

### Poster session II

**(15:30 – 16:00 Oral poster presentations)**

## ROOM C

### Free papers

Chair: **Usichenko T., Chang Y.H.**

- 14:00 – 14:15 **KESPI J.M.**  
The GV 5, from the traditional to clinical practice
- 14:15 – 14:30 **HARRES S.**  
Effectiveness of Acupuncture as Adjunctive Therapy in Assisted Reproductive Fertilization (In Vitro Fertilization – IVF)
- 14:30 – 14:45 **MEISSNER F.**  
Identification and therapy of areas of distortion and regulation blockades in the body's information field (human body field)

14:45 – 15:00	<b>USICHENKO T.</b> Verum and sham acupuncture exert distinct cerebral activation in pain processing areas: a crossover fMRI investigation in healthy volunteers.
15:00 – 15:15	<b>NEPP J.</b> About the influence of acupuncture on functional disorders in dry eye syndromes
15:15 – 15:30	<b>DORFER L.</b> The Boels Eye-Acupuncture
<b>15:30 – 16:00</b>	<b>Coffee break</b>
16:00 – 17:30	<b>Session: Young Scientists</b> <b>Chair: Pinto-Ferreira H., Fleckenstein J.</b>
16:00 – 16:15	<b>Kramer S.</b> Development of an acupuncture treatment protocol for a clinical trial in palliative care
16:15 – 16:30	<b>Klausenitz C.</b> Auricular acupuncture reduces pre-exam anxiety in medical students – a randomized controlled trial
16:30 – 16:45	<b>Anders E.</b> Development on the child needle sensation
16:45 – 17:00	<b>Wilke J.</b> Effects of acupuncture on symptoms and muscle function in delayed-onset muscle soreness
17:00 – 17:15	<b>Wilke J.</b> Short-term effects of acupuncture and stretching on myofascial trigger point pain of the neck: a double-blind, placebo-controlled RCT
17:15 – 17:30	Discussion
<b>20:00</b>	<b>Galadiner</b>

## Sunday, December 1st, 2013

8:15 To wake up: Taiji/Qigong early bird with M. Bijak

### MAIN HALL

#### 9:00 – 10:00 Insomnia

Chair: Saletu-Zyhlarz G., Engelhardt U.

9:00 – 9:15

**STOCKERT K.**

Acupuncture and Chinese Herbal Medicine in Insomnia: an overview of published data

9:15 – 9:30

**SALETU-ZYHLARZ G.**

Placebo-controlled polysomnographic studies to the acute effect of acupuncture at primary insomnia with 10 weeks open follow up

9:30 – 9:45

**SALETU B.**

EEG mapping and psychometric investigations on the acute and chronic effects of acupuncture in primary insomnia: evidence for an improvement of vigilance, thymopsyche and noopsyche

9:45 – 10:00

**ENGELHARDT U.**

Sleeping while being awake – Qigong as an additional therapy for insomnia

10:00 – 10:30

**Coffee break**

#### 10:30 – 12:00 Arthritis - Arthrosis

Chair: Liertzer H., Frank B.

10:30 – 10:45

**SIEDENTOPP U.**

Integrative Nutrition in Arthrosis, Arthritis and Osteoporosis - combining western and Chinese nutritional treatment

10:45 – 11:00

**MURAKOZY H.**

DE AUREA AETATE - Medical Acupuncture as a Part of multimodal Therapeutic options in Rheumatology during the 2nd half of life

11:00 – 11:15

**ALUANI P.**

Arthrosis and Pain Syndroms - Treatment with integrative acupuncture and low level Lasertherapy

11:15 – 11:30

**ELENKOVA S.**

PHARMACOPUNCTURE WITH INJECTABLE COLLAGEN – another treatment option for chronic low back pain

11:30 – 11:45

**KUBIENA G.**

Our common spices in TCM treatment of arthritis and arthrosis

11:45 – 12:00

**TILSCHER H.**

Bladder 39

12:00 – 12:15

**FRANK B.**

Acupuncture related techniques for cellular and functional restoration

12:15 – 12:30

**BEYENS F.**

Why and how to simplify the acupuncture treatment for functional disorders

## ROOM A

9:00 – 10:45

11:00 – 12:45

## Workshops

**OTS Th.**

The end of the meridian-model in Chinese acupuncture?

**MARIC-OEHLER W., SIEDENTOPP U.**

Food Mood

## ROOM B

9:00 – 12:00

## Poster session III

**(10:00 – 10:30 Oral poster presentations)**

## ROOM C

9:00 – 10:30

10:30 – 12:00

## Workshops: Obesity

**YOO J.**

Personalized medicine in obesity treatment: therapeutic acupuncture techniques

**BANGRAZI S.**

TCM Etiopathogenesis of obesity and trials. How to restore the balance of Yuanqi, Weiqi, Spleen-Kidney

## MAIN HALL

**13:00**

## Closing session

Prize for best poster

J. Bischko Prize

Prize Young Scientists

### **Austrian Acupuncture Society and Johannes Bischko Acupuncture Institute**

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### **Congress Venue:**

Gesellschaft der Ärzte – Billrothhouse,

Frankgasse 8 A-1090 Vienna

